UPIC Online Netiquette

Online bullying can be private (e.g. in direct messages or by text) or more public (e.g. public posts, or in a closed or public group). Online bullying is when someone does things online to another person to cause them fear, distress or another negative emotion – they are doing it on purpose and it's not just a once-off thing. Online bullying can be at school (Teams, Outlook etc) or out of school (Whats App, WeChat, Instagram, Facebook etc).

What can you do if you are being bullied?

Take Action

- Tell the person who is bullying you to stop (if you feel that you can).
- Do not reply to any messages that make you feel sad, threatened, or embarrassed. Often people who bully others are just looking for a reaction.
- Use privacy functions on Apps to block or prevent receiving nasty messages.

Keep evidence

- Keep all messages and take photos of uncomfortable posts. Make a note of the time, date, and content. This is evidence you might need if the problem gets worse.

Report it

- Tell your teacher, tutor, college harassment officers: yuki.ru@up.education or jacques.september@up.education or carrone.conroy@up.education or someone you trust.
- If the bullying online or on your mobile involves physical threats, like threats to hurt or fight you, contact the police.

Making threats of harm is criminal behaviour in New Zealand. UPIC, takes bullying in any form very seriously, it may result in expulsion.

For more information, please click on the following links provided by Netsafe, New Zealand on how to stop online bullying, doxxing and what to do if something upsets you online.

Here's what online bullying can look like:

- Trying to embarrass someone
- Calling someone names
- Spreading rumours and lies
- Spreading private information about someone
- Using fake accounts to make fun of someone
- Meme pages that embarrass someone
- Repeatedly sending you unwanted messages
- Purposefully excluding people from online groups, chats, events etc.
- Hacking or impersonating someone else online